

The Messenger July 2023

Volume 318 Editors: Rhonda, Angie & Missy

Holiday Hours

In honor of Independence Day...The Salem Housing Authority will be closing on Monday July 3rd at noon & Tuesday, July 4th! Have a safe and happy 4th!

July 4th 6:00 P.M.



Fireworks begin at 8:30 from the Country Club grounds near J Hwy.



In regard to rent payments, rent is due on the 5th of the month or the next business day thereafter (if 5th is on a holiday or over weekend). It seems that we are experiencing more and more late payments. Unless you have made prior arrangements with the office, your account will be assessed an initial \$5 late fee & \$1.00 per day thereafter, if rent isn't paid by the due date. Thanks for understanding.



Have you noticed the historic Courthouse on the square is getting some much needed repair? This is a beautiful part of Dent County history and it is so nice to see it being preserved. According to the County Commission work will be ongoing through this Fall.



Meaning Behind the 13 Folds of the

AMERICAN FLAG

The flag-folding ceremony represents the same religious principles on which our great country was originally founded.

The 1st fold of our flag is a symbol of life.

The 2nd fold is a symbol of our belief in eternal life.

The 3rd fold is made in honor and remembrance of the veteran departing our ranks, and who gave a portion of his or her life for the defense of our country to attain peace throughout the world.

The 4th fold represents our weaker nature; as American citizens trusting in God, it is Him we turn to in times of peace, as well as in times of war, for His divine guidance.

The 5th fold is a tribute to our country. In the words of Stephen Decatur, "Our country, in dealing with other countries, may she always be right, but it is still our country, right or wrong."

The 6th fold is for where our hearts lie. It is with our heart that we pledge allegiance to the flag of the United States of America, and to the republic for which it stands, one nation under God, indivisible, with liberty and justice for all.

The 7th fold is a tribute to our Armed Forces, for it is through the Armed Forces that we protect our country and our flag against all enemies, whether they be found within or without the boundaries of our republic.

The 8th fold is a tribute to the one who entered into the valley of the shadow of death, that we might see the light of day, and to honor our mother, for whom it flies on Mother's Day.

The 9th fold is a tribute to womanhood. It has been through their faith, love, loyalty and devotion that has molded the character of the men and women who have made this country great.

The 10th fold is a tribute to the father's, who has also given his sons and daughters for the defense of our country since he or she was first born.

The 11th fold represents the lower portion of the seal of King David and King Solomon and glorifies the God of Abraham, Isaac and Jacob.

The 12th fold represents an emblem of eternity and glorifies God the Father, the Son and Holy Ghost.

The 13th and last fold, when the flag is completely folded, the stars are uppermost, reminding us of our national motto:

"In God We Trust"

July

AUTUMNWOOD &
BRIGHT MEADOWS

Get Well Wishes

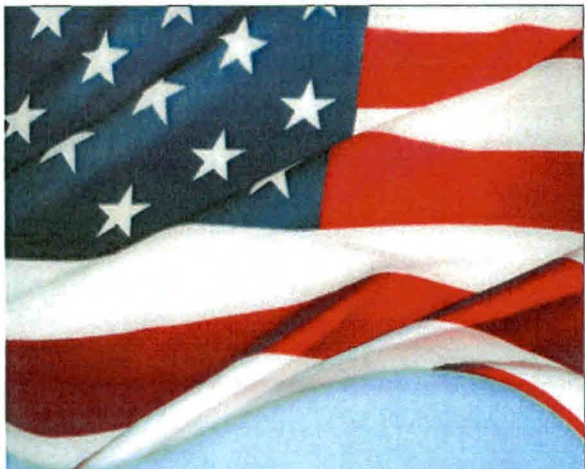
Dottie Vance
Linda Faye Parker
Don & JoAnn Enke
Ray Sutton
Dee Fisher

Sympathy

James Wood-Father
Doris Hedrick-Sister

Congratulations

Becky & Bill Henckel-Great-Grandson



"AMERICA WAS NOT BUILT
ON FEAR. AMERICA WAS
BUILT ON COURAGE,
ON IMAGINATION AND
AN UNBEATABLE
DETERMINATION TO DO
THE JOB AT HAND."

— HARRY S. TRUMAN

sheknows



After Hours Emergency Maintenance :Call: 729-2748/247-3843/247-3872 (Emergencies only)-NOT FOR GENERAL WORK ORDERS!

Whether you have been on Oxygen or are just starting, YOU ARE REQUIRED TO NOTIFY THE OFFICE! The office will provide you with a sign for your door. **ABSOLUTELY NO SMOKING IN UNIT!** If you are caught smoking with oxygen on or off in apt...you will be **EVICTED IMMEDIATELY!!**

***Visitors & Home Health Workers need to park on the street & NOT in Parking Pads provided for Tenants. They may only temporarily use if *they* are delivering items or picking up tenants.**

Tenants please keep Office informed of changing phone numbers. WE MUST BE ABLE TO CONTACT YOU! Also, if you or another tenant has been ill or hospitalized, please let us know. Death in family, new grand/great-grand baby, or if congrats are in order, **LET US KNOW!**

***Any tenant who wants a pet MUST contact the office & see if the pet falls within the Pet Policy guidelines. A deposit of \$200 is required and can be paid over a 6 month period. The animal must have shots & fall within the qualifying definition of the Pet Policy. A Pet Policy *MUST* be signed & in the tenant file *BEFORE* you may have a pet! NOT FOLLOWING THIS PROCEDURE CAN ENDANGER YOUR TENANCY WITH SALEM HOUSING!**

***Maintenance Work Orders must first be called in to the Office: 729-6453**

***We have a drop box for rent -Check or Money Order- NO CASH PLEASE!**

***Lost & Found Box...Please check the SHA Office 729-6453!**

DO NOT FEED ANIMALS OUTSIDE! This causes unwanted PESTS! DO NOT throw grease or food out your front/back door. This draws insects, dogs & stray animals .

Please contact the Office if you are unsure of anything...we will be happy to help you with any questions you may have.

CALL : 729-6453

FARMER'S MARKET BENEFITS

ARE YOU OVER 60 YEARS OF AGE?

ARE YOU RECEIVING FOOD STAMPS?

OR IS YOUR MONTHLY INCOME UNDER \$2,248 (single)
or \$3,041 (couple)?

YOU MAY QUALIFY TO RECEIVE \$50.00 AT THE
FARMER'S MARKET FOR FRESH FRUITS AND
VEGETABLES!

CALL 1-800-369-5211

YOU WILL NEED TO BRING WITH YOU:
STATE ID
FOOD STAMP CARD OR MONTHLY INCOME
STATEMENT
PROOF OF RESIDENCY
SMART PHONE WITH EMAIL (OPTIONAL)






MENU Salem Senior Center

July 2023



	Tue	Wed	Thu	Fri
3 Baked Chicken Legs Corn on the Cob Cucumber/Tomato Salad Roll Milk Dessert	4 CLOSED In observance of Independence Day	5 Pulled Pork/Bun Coleslaw Applesauce Milk Dessert	6 Meatloaf Mashed Potatoes Gravy Green Beans Roll Milk Dessert	7 Ham & Cheese Sliders on Roll Potato Salad Fruit Milk Dessert
10 Polish Sausage/Bun Kraut Scalloped Potatoes Milk Dessert	11 Herb Baked Chicken With Dressing/ Gravy Peas & Onions Fresh Melon Milk Dessert	12 Pot Roast Mashed Potatoes Gravy Glazed Baby Carrots Rolls Milk Dessert	13 Ham Sweet Potato Casserole Mixed Vegetables Roll Milk Dessert	14 Cheeseburger Loaded Tots Fruit Milk Dessert
17 Parmesan Crusted Fish Rice Pilaf Roasted Carrots Fruit Milk Dessert	18 Meatloaf Mashed Potatoes Gravy Green Beans Roll Fruit Salad Milk Dessert	19 Fried Chicken Mashed Potatoes Gravy Country Blend Veg Biscuit Milk Dessert	20 Grilled Pork Steak Broccoli Salad Zucchini & Tomatoes Roll Milk Dessert	21 Ham & Beans Potatoes & Onions Spinach Cornbread Milk Dessert
24 Liver or Hamburger Steak Mashed Potatoes Gravy Mixed Vegetables Roll Milk Dessert	25 Stuffed Chicken Breast Roasted Potatoes, Carrots Brussel sprouts Fruit Garlic Bread Milk Dessert	26 BBQ Rib/Bun Baked Beans Roasted Cauliflower Milk Dessert	27 Smothered Pork Chop Rstd Rosemary Potatoes Apple Salad Roll Milk Dessert	28 Cheddar Baked Chicken Pea Salad Potato Salad Ambrosia Fruit Salad Breadstick Milk Dessert
31 Country Fried Steak Mashed Potatoes Gravy Roasted Brussel Sprouts Roll Milk Dessert			Salem Senior Center 604 N McGrath Lane Salem, MO 65560 573-729-2373	Lunch is served Mon-Fri 11:00am to 12:30pm *Menu is subject to change without notice \$5 contribution for those 60 and over \$7 for those 60 and under



How to Spot, Stop, & Report Government Imposter Scams



How to Spot the Scam

Scammers will call, email, text, or direct message you on social media.

- Scammers say you did not appear for jury duty and must pay a fine or you will be arrested.
- Scammers say you will be fined, arrested, or deported if you do not pay taxes or some other debt right away.
- Scammers say your Social Security or Medicare benefits have been suspended because of COVID-19-related office closures.
- Scammers say you can get a free COVID-19 test kit from Medicare in exchange for giving personal or financial information.
- Scammers say you owe back taxes, there is a problem with your return, or please verify your information.

STOP.
These are all scams!



How to Stop & Report the Scam

1. **Don't give information or money to anyone who calls, texts, emails, or direct messages you on social media.** Keep your Social Security, bank account, debit and credit card numbers to yourself.
2. **Never make a payment to someone you don't know,** especially by gift card, mobile payment apps, money transfer, or cryptocurrency. Only scammers will demand you pay that way. They know these payments are hard to reverse.
3. **When in doubt, check it out.** If you're concerned about the request, contact the agency directly. Look up the government agency's real number on the agency's site and call to get the story.
4. **Report the scam to the FTC at [ReportFraud.ftc.gov](https://www.ftc.gov/ReportFraud).** Tell your bank, and be sure to share these tips with your friends and family.

Learn more at [ftc.gov/imposters](https://www.ftc.gov/imposters) and [aba.com/consumers](https://www.aba.com/consumers)



FEDERAL TRADE
COMMISSION



ABA
FOUNDATION



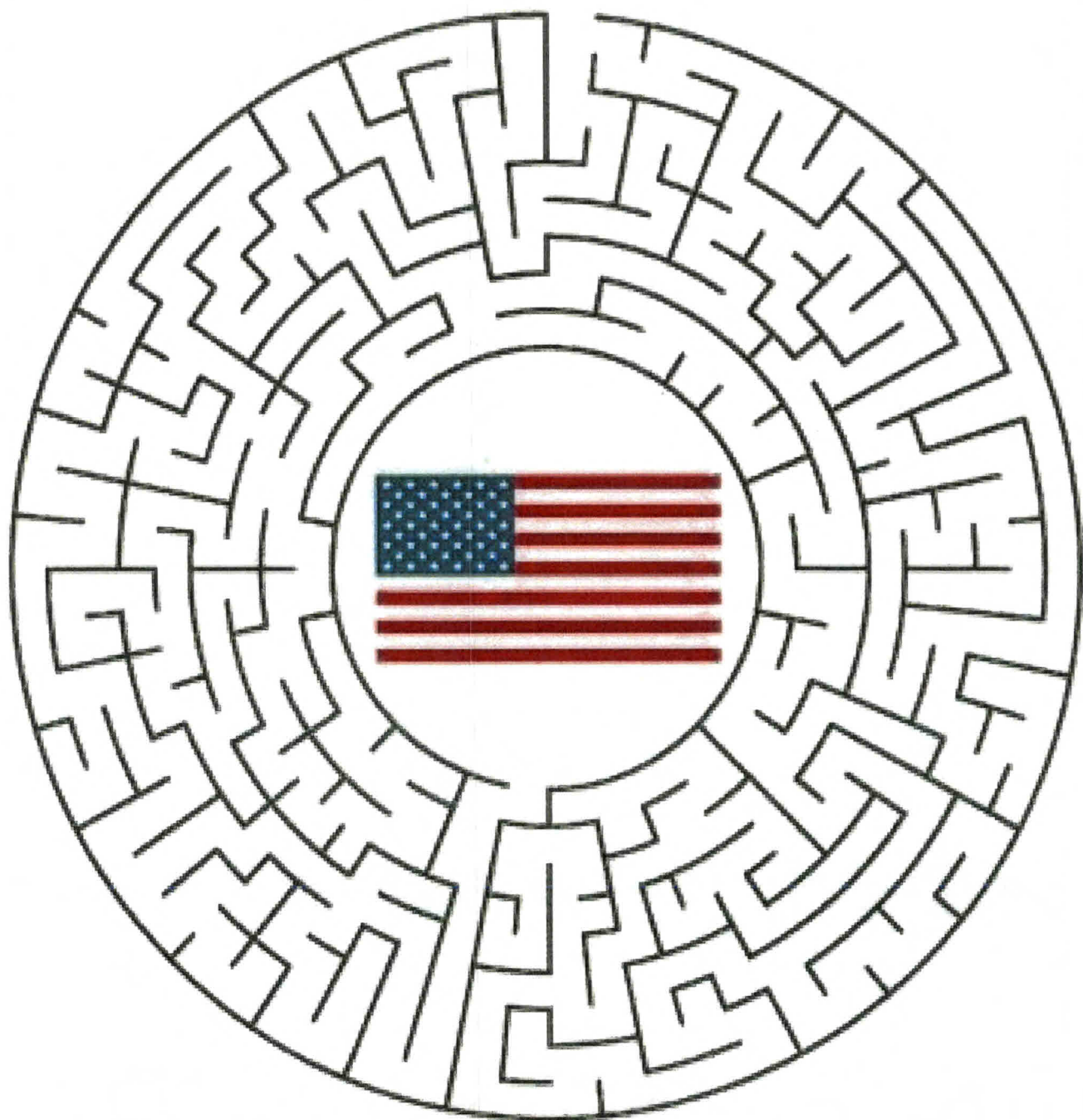
573-729-4146
904 W Scenic Rivers Blvd
Salem MO



Progressive
Ozark Bank

4th Of July Maze

Start at the beginning and make your way to the end of the maze.



Salem Senior Center Activity Calendar

JULY 2023

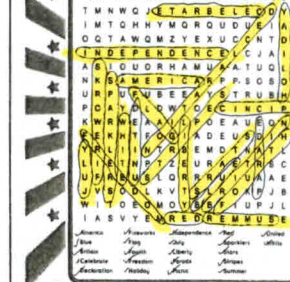
Mon	Tue	Wed	Thu	Fri
3 Meals on Wheels West Route	 CLOSED	5 Frozen Meal sorting for Meals on Wheels Volunteers needed, call for more info 573-729-2373 ETA 10:30am	6 Meals on Wheels East Route	7 Meals on Wheels Bunker/Boss Route Sittercise 10am
10 Meals on Wheels West Route	11 Sittercise 10am Kids Activity 2:00pm to 3:00pm	12 Frozen Meal sorting for Meals on Wheels Volunteers needed, call for more info 573-729-2373 ETA 10:30am Bingo with Tia & Abby 12:30	13 Meals on Wheels East Route	14 Meals on Wheels County Route Sittercise 10am
17 Meals on Wheels West Route	18 Sittercise 10am Current river Blue Grass Band 6pm	19 Frozen Meal sorting for Meals on Wheels Volunteers needed, call for more info 573-729-2373 ETA 10:30am Board Meeting 12:30pm New Board members 1 st meeting	20 Meals on Wheels East Route Kids Bingo 2:00pm to 3:00pm	21 Meals on Wheels Bunker/Boss Route Sittercise 10am
24 Meals on Wheels West Route	25 Sittercise 10am	26 Frozen Meal sorting for Meals on Wheels. Volunteers needed, call for more info 573-729-2373 ETA 10:30am Card games with door prize 12:30pm 2:00-3:00 Kids Wii Games	27 Meals on Wheels East Route	28 Meals on Wheels County Route Sittercise 10am Trivia with Denine 11:30am
31 Meals on Wheels West Route				

Start of the beginning and maze was way to the end of the maze



4TH OF JULY

WORD SEARCH



WANDA HORNBECK 7th

JAMES MOONEY 10TH

JOANN ENKE 10TH

JAMES RUSHEN **13TH**

SHARON HOGAN 17TH

CARNETA WATSON 19TH

BRINKLEY TRIPP 20TH

LOUIS HEAD 22ND

JESSIE SCHAFFER **23RD**

ARNOLD FOX **26TH**

JACOB BENDER 27TH

DONNY HUNTER 28TH



July Events



Trash needs to be at curb by 9 a.m. on Monday unless a holiday, then Tuesday. Keep trash cans cleaned out all year round. Bleaching them weekly really helps eliminate problems! *Trash has to be in a trash bag, not loose in can or in grocery bags. Please comply or trash will be left in can.*

SMOKERS... A friendly reminder that there is NO smoking allowed in your apartment EVEN if the weather outside is frightful! **IT'S THE HUD LAW!**

Anderson Foot Clinic is at SMDH every Wed. (except first one) each month. Call 573-341-3668 for details and an appointment!

PEST CONTROL— Shipley's Pest Control, along with SHA Maintenance will be treating apartments, July 20th, weather permitting. If you are seeing bugs inside, please notify the office immediately so we can get your apartment treated. Also, bugs such as fleas & bed bugs should be reported to office IMMEDIATELY to prevent spread.

REMINDER: BM TENANTS—To prevent your pantry drain from smelling like sewer, Pour 3 cups of water in drain monthly to control odor.

EXTRA! EXTRA! If you have a homecare worker, they need to park in the street. Parking pads are for tenants. There is no assigned parking here except for the disabled.
NEW OXYGEN USERS: Please alert the office so that we can place a sticker on your door.

REMINDER-NEW after hours emergency numbers...

Call in this order, please...

*#1-573-729-2748

*#2-573-247-3843

*#3-573-247-3872

Schedules at office...

SMTS BUS



573-729-3133

Anyone can ride !!



4TH OF JULY

WORD SEARCH

T M N W Q J E T A R B E L E C D Y
 I M T Q H H Y M Q R Q U D U E I A
 O Q T A W Q M Z Y E X U C C N T D
 I N D E P E N D E N C E L C J A I
 A S I O U O R H A M U A A T U Q L
 N K S A M E R I C A R P P S O S O
 U R P U F U B E E A Y S T R U B H
 P O A Y D L D W T O E C I N C I P
 K W R W E A A I L P O E A U E O N
 F E K H T F O G I A D E U S D I H
 Y R L I I N T R B E M D T N A T L
 L I E T N P T Z E U R A E T R S C
 U F R E U S L Q R R R U I U A A E
 J V S O D L K V T S L R O K P J B
 W I T O E O M O Y B B F I U P J L
 I A S V Y E M R E D R E M M U S E

America	Fireworks	Independence	Red	United
Blue	Flag	July	Sparklers	White
Britain	Fourth	Liberty	Stars	
Celebrate	Freedom	Parade	Stripes	
Declaration	Holiday	Picnic	Summer	



Missy's Minute
Just A Note....
From Me to
You.....



it's
JULY
y'all!
bsg

2023

July is HERE and definitely its HEAT! The temperature out these last few days has been hot and humid with no rain expected. I hope you 'al are taking precautions. You may not be aware how warm it is in your apartment...it can be very dangerous for elderly people and many often-times suffer from heat stroke and do not even realize it. It is a good idea to set your air at a temperature that is comfortable (75-78) for you...you do not have to set it too cold...but at least keep the stale humidity out of your apartment and you comfortable in your home.

I hope all of you are able to get out and enjoy some of the festivities with the parade and fireworks on the 4th! Stay hydrated! Salem Housing Authority will be closed on the 4th of July for Independence Day.

I want to share some News with you...On July 4th Gene Shaw and I will finally tie the knot of marriage. Gene and I have been together for 15 years now and finally decided to make it official. So, you will notice the name change on all forms and correspondence. 😊

Bright Meadows will have a RANDOM Inspection on July 18th, this is a Management & Occupancy Review that follows the Last Inspection we had. Please note that not all apartments will be inspected. But I do not know which apartments will be chosen until the day of the Inspection...SO, PLEASE BE READY in case your apartment is picked! Nathan and Jimmy will be doing a walk-thru of all Bright Meadows apt's to check health and safety items prior to that day. A NOTICE will be handed out soon.

I hope this finds you all well and I send my sympathies to all that have lost a loved one recently. My thoughts and prayers are with you and your families.

Take care till next month,

Missy

